

Where Would We Be Without Building Relationships through Networking?

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Pharmacy Forward: Advancing Practice for a Healthier Tomorrow!
OPA Annual Conference & Trade Show April 9-11, 2026





Learning Objectives

At the completion of this activity, the participant will be able to:

1. Review tips and tricks for better networking and relationship building;
2. Identify key strengths to building and maintaining your professional network; and
3. Demonstrate different paths for keeping relationships connected throughout your pharmacy career.

Show of Hands

How Many Students? New Practitioners?



Co-Residents. Eight Years Later. Still Connected.



Everyone talks about networking.



No one talks about relationships.

Networking

Expand Contacts

Transactional & Short-Term

Professional & Polished

Gain Visibility & Resources

Relationships

Deeper Connections

Ongoing & Long-Term

Professional & Personal

Gain Meaningful Conversations
& Mutual Support

Building a Relationship

Shared
Experiences

Life
Changes

Staying in
Touch



Staying Connected is Not Complicated

OMG YAYYYYYYYY!!!!!!!!!!!!!!
Congratulations!!!!
Do yall know if it's a boy or girl?!

Dana Wilkerson
🎉🎉🎉 HBD!!!
Tiffany Kneuss
Happy birthday!!! 🎉🎉
Kay Bahrey
Happy Birthday Marilee!!! 🎉💕

Issa boy!! Oliver Murphy Ewing born last night at 7:44pm, 8lbs💙
Kay Bahrey
Oh my GOODNESS 🥰🥰🥰 he's adorable, congratulations!!!!
Kelsey Schmuhl
Omg!!! He's perfect 🍀🍀🍀
Drew Prescott
Congrats!! Love that the Murph name lives on
Tiffany Kneuss
He is absolutely precious! Love the name 💙💙💙 Congratulations!

Jangus Whitner
Yay!!!!
Laura Rowley
Congrats!!!
Cristina Murphy
Aw congratulations!!!!

Cristina Murphy
Congratulations Tiffany!!!! Gorgeous bride!!! 🥰🥰🥰
Kelsey Schmuhl
Yes congrats tiff!!! Hope you had a perfect day!
Jangus Whitner
🎉🎉🎉

That's so awesome! Congrats!!

Congratulations!!!!💕🥰 Love love love this news!

Omggg 🥰🥰🥰
Congratulations!!
Dana Wilkerson
Haha. Best video!! Congrats!!
Drew Prescott
Congrats!!!

Kay Bahrey
Happy happy birthday Kels!!! 🎉💕
Tiffany Kneuss
Happy Birthday!!! Hope you're doing something fun tonight 🎉💕

Cristina Murphy
I'm so excited for yall!!!! You were made to be a girl dad

This little lady made her grand entrance into the world today!
Welcome Frances Hazel Wilkerson. Born this morning at 12:52 am - 7 lbs 2 oz and 20 inches long. We are so in love and doing well. 🍀

Dana Wilkerson
Congratulations!! He's so handsome!
Laura Rowley
Congratulations!!!

Update - we have a new member to the phamily James Kyle Clemons made his debut this morning 🍀🍀

Good morning pharm fam, meet Gavin Kenneth Hoopes!!!! 🥰🥰 He was born Sunday night, 6 lbs 10 oz, and 20 inches. We are thrilled and so so lucky 🍀🍀
Kelsey Schmuhl
Omg Kay 🥰💕 congratulations!

Laura Rowley
Congratulations, Jangus!! Some good news was definitely needed!

Big brother LOVES her. 🍀
Kelsey Schmuhl
Oh my gosh!! 🍀🍀 congratulations Wilkerson family!!

Cristina Murphy
Ah congratulations!! Welcome, James!



Maintaining a Relationship

Intentional
Communication

Showing up in
Career & Life
Transitions

Celebrating
Growth &
Milestones

Asking for
Advice &
Support

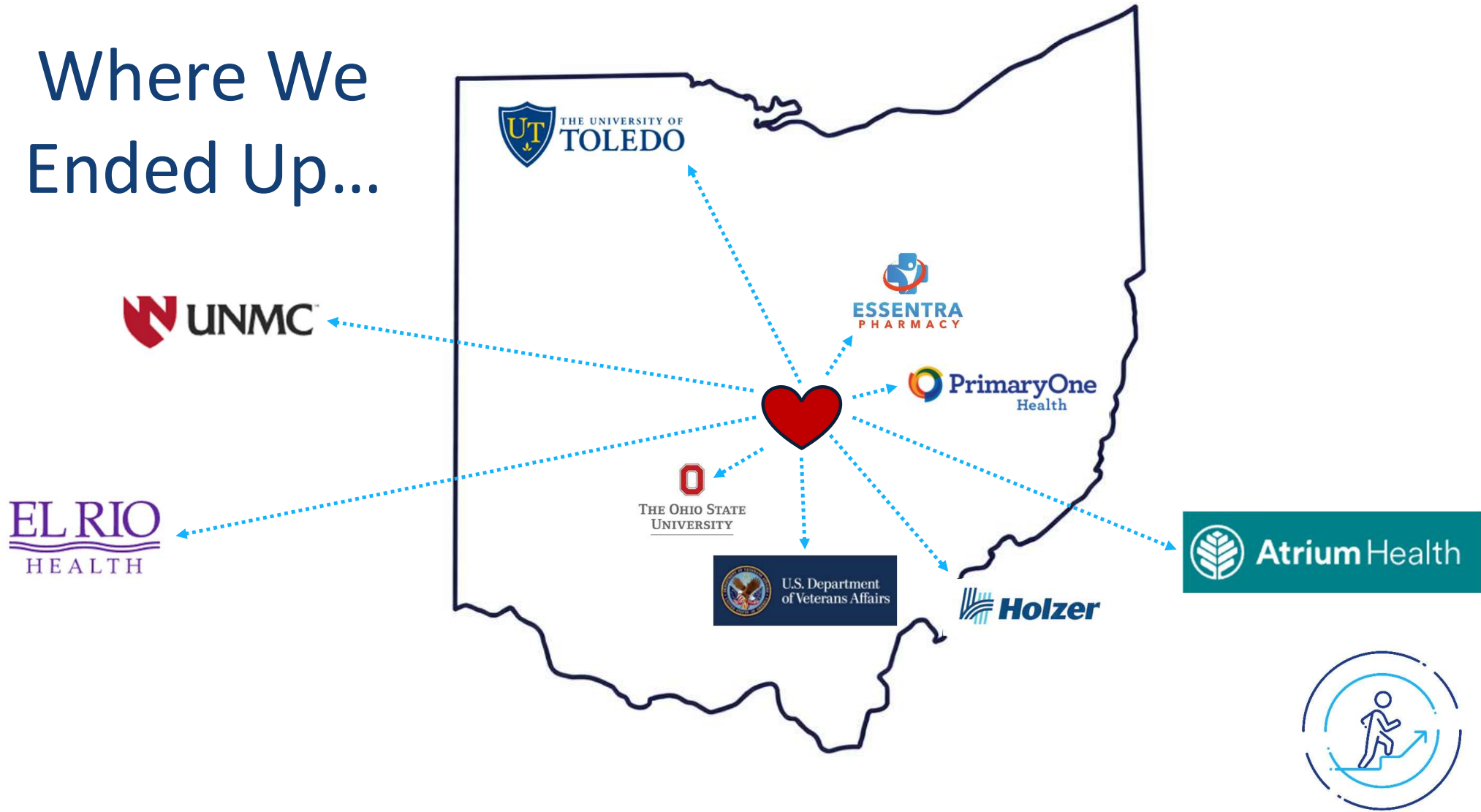
Sharing Your
Experiences



Bringing Us Together...



Where We Ended Up...



Staying Connected.. In Life & Career



JANGUS OMG



Kristine Mason



The Panel...



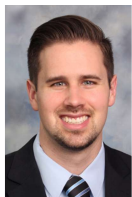
Cristina Ewing, PharmD, BCACP
Clinical Pharmacist
Houston, TX



Dana Wilkerson, PharmD, MS,
BCACP
Specialty Pharmacy Manager
Columbus, OH



Drew Prescott, PharmD, BCACP
Assistant Dean, Student Affairs
Omaha, NE



Jangus Whitner, PharmD, MHA,
BCACP, DASPL
Director, 340B Compliance
Toledo, OH



Kay Hoopes, PharmD, BCACP
Clinical Pharmacist Practitioner
Chillicothe, OH



Kelsey Schmuhl, PharmD, BCACP
Clinical Assistant Professor
Columbus, OH



Kristine Cline, PharmD, MS
Assistant Professor
Columbus, OH



Marilee Clemons, PharmD, BCACP
Ambulatory Pharmacy Manager
Toledo, OH



Tiffany Michalowski, PharmD, BCGP,
BCPMP
Clinical Pharmacy Specialist
Baltimore, MD



What role did this group play
in your first job decision?



How has someone in this group helped you think through a career opportunity or professional decision?



What has been the biggest value of maintaining these relationships?



What advice would you give about investing in relationships with the people sitting next to them?



Your Questions. Our Experiences.



Key Takeaways

Networking and building relationships
are important

Relationships are what last

Building relationships takes time and
take intention

Relationships you build now will shape
your career (and life) in the future



Thank You!



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