

Prescribing your Path: Unlocking Pharmacy Practice Residencies

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Pharmacy Forward: Advancing Practice for a
Healthier Tomorrow!

OPA Annual Conference & Trade Show April 9-11, 2026



Residency Program Director Team

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Samuel Stitzel – University Hospitals

Disclosure Statement

- Rachel Barhorst, Bethanne Brown, Garriona Lucas, Ashlyn Varghese, Abbie Schneck and Dymond Robinson have no relevant financial relationship(s) with ineligible companies to disclose.
and
- None of the planners for this activity have relevant financial relationships with ineligible companies to disclose.





Learning Objectives

At the completion of this activity, the participant will be able to:

1. Gain overview of post graduate residency training
2. Describe the various experiences of the resident volunteer presenters
3. Explore your individual interests during open question and answer session

Objective 1: Definition

American Society of Health Systems Pharmacy (ASHP) defines a residency as:

An organized, post-graduate, training program (1 to 2 years) that builds on a Doctor of Pharmacy degree, providing hands-on experience, mentoring, and advanced skills in managing patient care and medication-use systems, under preceptor guidance, to prepare pharmacists for specialized practice.



Objective 1: Accreditation



Pre-candidate

- A program that has submitted a completed application indicating intent to seek candidate status



Candidate

- A program that has residents in training, has applied to ASHP for accreditation and is awaiting the official site survey, review and evaluation by the Commission on Credentialing



Accreditation

- A program that has met set requirements and has been reviewed and evaluated through an official process (documented review, site survey and review and evaluation by the Commission). An approved program has "ASHP-Accredited" status

Objective 1: Types of Training

Post-Graduate Year 1 or PGY1

Accelerate growth beyond entry level professional degree and receive broad experiences to develop as a professional.

4-types of programs:

1. PGY1
2. PGY1- Community
3. PGY1-Managed Care
4. PGY1 Veterinary (new 2026)

Objective 1: Types of Programs

Pharmacy Practice

- General clinical pharmacy training in acute and ambulatory care settings
- Clinical pharmacy specialties
 - Teaching/Research
 - Veteran Affairs
 - Indian Health
 - Rural
 - Specialty Facilities
 - Outpatient Clinics or Pharmacies
 - Population Health
 - Long-term/Palliative Care
 - Health Care Administration
- Length of time: 1 year

Community Practice

- Community-focused practice leaders serve as an access point for diverse care
- Training opportunities in the areas of:
 - Patient care
 - Leadership and Management
 - Advancement of Community-based Practice
 - Pharmacy Practice
 - Chronic disease state management
 - Immunizations
 - Transitions of Care
- Length of time: 1 year

Managed Care

- Optimizing patient health outcomes through consistent evaluation of cost-effective, high-quality medications
- Focused on development of:
 - Medication formulary management
 - Reducing health care costs for disease management
 - Drug utilization review (DUR)
 - Medication Errors
 - Prior Authorizations
- Length of time: 1 year



Objective 1: PGY1 National Program Distribution

2025 Breakdown of PGY1 programs and positions by type:

- Traditional: 1277/3649
- Community- Based: 250/361
- Managed Care: 43/69
- Veterinary – 0/0



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Objective 1: Training Structure

Competencies- 4 categories of residency graduate capabilities

R1: Patient Care: 65% spent in patient care related activities

R2: Practice Advancement: 1 major, up to 2 minor projects

R3: Leadership: leading a variety of teams/projects

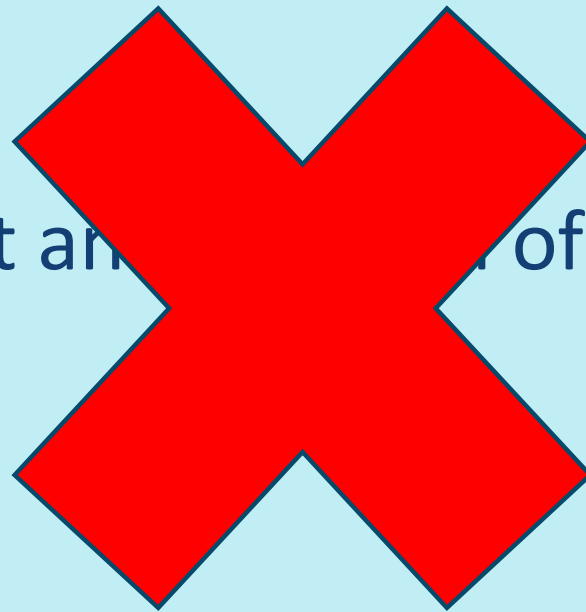
R4: Teaching and Education: educating patients, health care providers and students

Objective 1: Benefits of Residency Training: Resident

- Enhanced Clinical Skills and Confidence
- Expanded Career Opportunities
- Competitive Advantage
- Leadership and Management Training
- Networking
- Mentorship
- Professional Development
- Preparation for Board Certification
- Adaptability

Objective 1: APPE Rotations vs Residency

Is residency just another form of APPE Rotations?



Objective 1: Responsibility

Experiences are tied to more responsibility but with continued mentoring and feedback from preceptors

- Residents are licensed pharmacists
 - Must be licensed by October 1 of the residency year
- Immersion in practice provides an opportunity for exponential career development
 - Equivalent to 3-5 years of working experience
- Broad variety of activities that provide perspective on likes and dislikes
 - Teaching and mentoring

Objective 1: Benefits of Residency Training: Profession

- Pipeline of highly qualified pharmacists
- Enhanced reputation in profession
- Drive innovation/internal growth
- Development of existing employees
- Enhanced visibility within organization
- Improved financial performance



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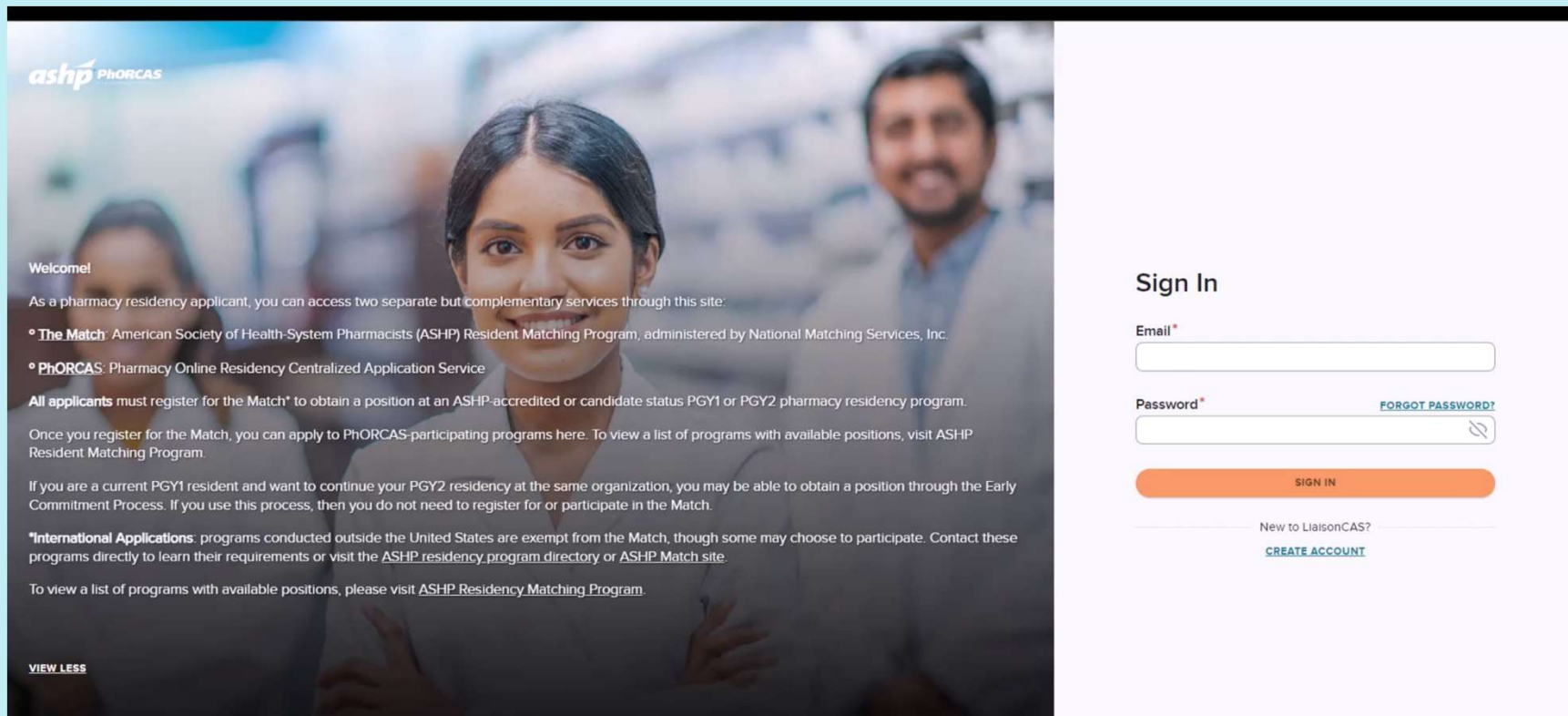
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Objective 1: Finding Programs

- On-line resources: ASHP or ACCP Residency Directory
- Residency Showcases
 - Local
 - Regional/State
 - National



Objective 1: How Do You Apply?



ashp PhORCAS

Welcome!

As a pharmacy residency applicant, you can access two separate but complementary services through this site:

- ° **The Match:** American Society of Health-System Pharmacists (ASHP) Resident Matching Program, administered by National Matching Services, Inc.
- ° **PhORCAS:** Pharmacy Online Residency Centralized Application Service

All applicants must register for the Match* to obtain a position at an ASHP-accredited or candidate status PGY1 or PGY2 pharmacy residency program.

Once you register for the Match, you can apply to PhORCAS-participating programs here. To view a list of programs with available positions, visit [ASHP Resident Matching Program](#).

If you are a current PGY1 resident and want to continue your PGY2 residency at the same organization, you may be able to obtain a position through the Early Commitment Process. If you use this process, then you do not need to register for or participate in the Match.

***International Applications:** programs conducted outside the United States are exempt from the Match, though some may choose to participate. Contact these programs directly to learn their requirements or visit the [ASHP residency program directory](#) or [ASHP Match site](#).

To view a list of programs with available positions, please visit [ASHP Residency Matching Program](#).

[VIEW LESS](#)

Sign In

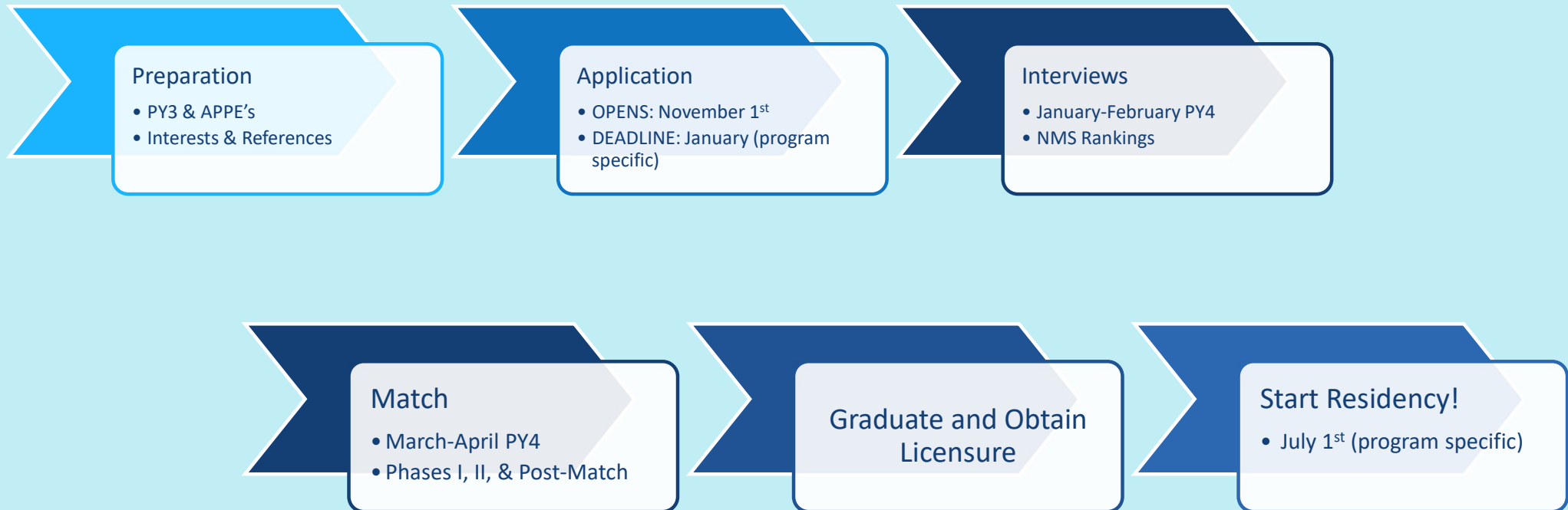
Email*

Password* [FORGOT PASSWORD?](#)

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Objective 1: Student Timeline



Objective 2: PGY1

Dymond Robinson, PharmD

Hometown: Independence, KY

College of Pharmacy: University of Cincinnati

Residency: PGY1: UC Health West Chester Hospital

PGY2: UCMC Ambulatory Care



Objective 2: PGY1 Community

Abbie Schneck, PharmD

Hometown: Dayton, Ohio

College of Pharmacy: Ohio Northern University

Residency: Kroger Health/ University of Cincinnati



Objective 2: PGY1 Managed Care

Garriona Lucas, PharmD

Hometown: Tampa, Florida

College of Pharmacy: Florida A&M University

Residency: Caresource PGY1 Managed Care Residency



 CareSource[®]

Objective 2: PGY1 Community (non-traditional)

Ashlyn Varghese, PharmD

Hometown: Oklahoma City, OK

College of Pharmacy: Ohio Northern University

Residency: Family Services of Darke County PGY1 Community
Based Residency



Question and Answer

We invite you to raise your hand and take full advantage of our panel of residents—they're here to share their expertise and real-world insights.



References

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Need More Information?

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