

# A CERTIFICATE TRAINING PROGRAM FOR PHARMACISTS

Hosted by: Ohio Pharmacists Association

Thursday, September 25, 2014 • OPA Office • 2674 Federated Blvd, Columbus, OH

#### The Pharmacist & Patient-Centered Diabetes

Care is a newly revised, intensive educational experience designed to equip pharmacists with the knowledge, skills, and confidence needed to provide effective, evidence-based diabetes care. Five self-study modules provide comprehensive instruction in current diabetes concepts and standards of care. The live seminar incorporates case studies and hands-on skills training focused on the situations most likely to be encountered — as well as the services most needed in community and ambulatory care practice settings. Participants will gain experience evaluating and adjusting drug therapy regimens for patients with type 1 and type 2 diabetes, counseling patients about lifestyle interventions, analyzing and interpreting self-monitoring of blood glucose results, and assessing the overall health status of patients to identify needed monitoring and interventions.

#### SEMINAR LEARNING OBJECTIVES

• Evaluate the overall health status of patients with diabetes in terms of recommended monitoring and interventions, and formulate strategies for closing gaps in care.

• Propose modifications to a patient's drug therapy regimen rooted in evidence-based algorithms for diabetes management.

• Recommend dietary interventions to support optimal glycemic control and weight loss (when indicated) in patients with diabetes.

• Analyze and interpret a patient's self-monitoring of blood glucose results and use the results to identify needed changes in the diabetes management plan.

• Demonstrate proper technique for measuring blood pressure, administering injections, obtaining fingerstick samples for blood glucose monitoring, operating blood glucose meters, and performing monofilament foot testing.

• Integrate the varied aspects of comprehensive diabetes care into efficient, sensitive, respectful pharmacist-patient interactions that support optimal patient self-management.

• Describe ways in which pharmacists can keep abreast of new developments and take advantage of professional opportunities in diabetes care.

For a complete list of learning objectives and all APhA accreditation information and policies, please visit APhA's website, www.pharmacist.com/education

#### FACULTY

Autumn Stewart, PharmD, BCACP Assistant Professor of Pharmacy Practice Duquesne University

Jen Rodis, PharmD, BCPS, FAPhA Associate Professor of Clinical Pharmacy The Ohio State University

### **SEMINAR AGENDA**

Welcome & Introduction Comprehensive Care Needs Insulin Therapy Intensifying Drug Therapy Nutrition and Lifestyle Counseling Hands-On Skills Practice Next Steps and Resources Closing Remarks

Activity Requirements: Internet connectivity and Adobe Acrobat Reader are required for participation in this activity. \*Course material will be accessed online. For full technology requirements, please visit www.pharmacist.com/ctp

## SCHEDULE AT A GLANCE

| Registration and Continental Breakfast |
|--|
| Comprehensive Diabetes Care            |
| Treating Type 2 Diabetes               |
| Break                                  |
| Insulin Therapy in Type 1 and          |
| Type 2 Diabetes                        |
| Lunch                                  |
| Nutrition and Lifestyle Counseling     |
| for Patients                           |
| Break                                  |
| Hands-On Skills Practice               |
| Next Steps and Resources               |
| Closing Remarks                        |
| Adjournment                            |
|  |

|  | Patient-Centered Diabetes Care4 • OPA Office • Columbus, OH  |
|--|--|
| NameNick   | name for Badge   |
| NABP e-Profile ID B  | Sirthdate (MMDD format)  |
| Preferred Mailing Address  |  |
| CityS  | tateZip  |
| Place of Employment  |  |
| Home Phone ()  | Work Phone ()  |
| Fax ()E-mail   |  |
| Emergency Contact]   | Phone ()   |
| Special Dietary Requirements   | $\Box$ MasterCard $\Box$ VISA Exp. Date  |
| Registration Fee:  | Account Number   |
| OPA Member \$395<br>Non-member \$495   | Name on Card   |
| Check payable to: Ohio Pharmacists Foundation  | Security Code  |
| Mail to: Ohio Pharmacists Foundation<br>2674 Federated Blvd., Columbus, OH 4323  | Total Remitted \$   5 Billing Address if different from above:   |
| Or <b>Register Online</b> at www.ohiopharmacists.org   |  |
| Or <b>Fax</b> with credit card information:<br>614.389.4582  |  |
| Or <b>Call</b> with credit card information:<br>614.389.3236   | Requests for refunds, less \$50 administrative fee, will be<br>honored if received by 09/08/2014. However, participants who<br>redeem an enrollment code will be charged a fee of \$175 regard   |
| Registration Deadline: September 10, 2014  | less of whether or not they complete any portion of the self-stud  |
| CONTINUING PHARMACY EDUCATION (CPE) CREDIT:<br>RELEASE DATE : 2/1/2012<br>Successful completion of the live seminar component in-<br>volves passing the final exam with a grade of 70% or higher<br>and demonstrating competency in blood pressure testing,<br>self-injection techniques, diabetic foot exam, and blood glu-<br>cose testing. Successful completion of these components will<br>result in 8 contact hours of continuing pharmacy education<br>credit (0.8 CEUs). | The American Pharmacists Association<br>is accredited by the Accreditation<br>Council for Pharmacy Education as a<br>provider of continuing pharmacy education<br>The Pharmacist & Patient-Centered Diabe-<br>tes Care was developed jointly by the American |

ACPE UAN: 0202-9999-12-107-L04-P

Successful completion of the self-study component involves passing the self-study assessment with a grade of 70% or higher and will result in 15.0 contact hours of continuing pharmacy education credit (1.5 CEUs). ACPE UAN: 0202-9999-12-108-H04-P **tes Care** was developed jointly by the American Pharmacists Association and is co-sponsored by the American Association of Diabetes Educators.



American Association of Diabetes Educators