# 2023 Ohio Law Review

Sheri Zapadka, PharmD, RPh Compliance Specialist State of Ohio Board of Pharmacy



OPA Annual Conference & Trade Show Reimagining Pharmacy

April 14-16, 2023



## **Disclosure Statement**

 Sheri Zapadka has no relevant financial relationship(s) with ineligible companies to disclose.

and

• None of the planners for this activity have relevant financial relationships with ineligible companies to disclose.

# Learning Objectives

At the completion of this activity, the participant will be able to:

- 1. Identify recent changes in state and federal laws and rules which impact pharmacy practice in Ohio.
- 2. Describe the effect of recent law and rule changes on the practice of pharmacy.
- 3. Discuss implementation strategies for law and rule compliance.
- 4. Review relevant board notices and publications.

## Workload Advisory Committee Updates



July 2020: First Workload Survey July 2021: Appointments made to the Pharmacist Workload Advisory Committee



November 2021: Follow-up Survey Conducted Pharmacists and technicians

## Workload Advisory Committee Updates

Proposed Rule OAC 4729:5-3-21 Prohibition on the use of Quotas in the Practice of Pharmacy

- Prohibition of quotas related to duties of pharmacy personnel
- Quota = fix numbers or formulas evaluating
  - Prescriptions filled
  - Services rendered
  - Programs offered
  - Revenue obtained

 Does not include competencies or performance standards Workload Advisory Committee Updates

Proposed Rule 4729:5-3-22

Mandatory Rest Breaks If working longer than 6 hours must be allowed a 30-minute uninterrupted break

Pharmacy is not required to close

Pharmacist must remain on the premises and available for emergencies

Continued supervision of staff

Similar/same time each day

Cannot require shifts longer than 12-hours

Must allow 6-hours time off between shifts

Electronic Prescribing for Controlled Substances

# ORC 3719.05

#### House Bill 193- ORC 3719.05 & ORC 3719.06

# Schedule II controlled substances

- Electronic prescription required
- Exceptions:
  - Oral emergency Rx
  - Written Rx
    - Technical, electrical, internet failure
    - Written in accordance with ORC 3719.06
  - Pharmacist is <u>NOT</u> required to verify a prescription was issued under an exception to electronic prescribing

### **Electronic Prescribing for Controlled Substances**

- Medicare Part D:
- Effective 1/1/2023
  - Electronic Prescribing required for all controlled substances
  - LTC Facility compliance = 1/1/2025
  - All compliance requirements are limited to prescribers
  - Pharmacist is not required to verify prescriber waiver or exemption
  - Does not limit or impede dispensing controlled substances from valid oral, written or faxed Rx

# Telehealth Rules ORC 4743.09 & OAC 4731-37-01

#### Effective 2/28/2023

- Applies to patients located in Ohio
- Same standards as in-person visit
- Synchronous or asynchronous communication (21 CFR 410.78)
- In-person visit required if standards of care cannot be met by telehealth
- Allows use of remote monitoring devices
- Allows prescribing, personally furnishing of non-controlled Rx drugs, and controlled substances pursuant to OAC 4731-11-09

# Telehealth Rules

## ORC 4743.09 & OAC 4731-37-01

- Comply with federal laws for prescribing/personally furnishing controlled substances and OAC 4731-37-01
- Physical examination prior to prescribing CII for new patients
  - Exceptions:
    - Hospice or palliative care
    - Substance use disorder FDA approved drug
    - Mental health condition- FDA approved drug
    - Emergency situation- 3-day supply or less, no represcribing
    - Federal law exemptions

## Telehealth Rules ORC 4743.09 & OAC 4731-37-01

#### FAQ:

- Telehealth = services provide by a health care professional <u>licensed in</u> <u>Ohio</u>
- Prescriber may be physically in another state
- Patient is physically in Ohio
- Ohio DEA registration is required



# Telehealth-DEA



Proposed Rules for Permanent Telemedicine Flexibilities

- Expand access beyond COVID-19 public health emergency
- 30-day public comments ended 3/31/2023
- Will expand induction of buprenorphine via telemedicine
- Will allow for controlled substance prescribing when the practitioner and patient have not had ap prior in-person medical evaluation

Pharmacist Telehealth Services ORC 4729.285

# ORC 4743.09: A pharmacist may provide telehealth services.

## In the case of dispensing a drug:

Pharmacist may NOT use telehealth mechanisms or virtual means to dispensed dangerous drug.

DATA 2000/ X-Waiver Effective 12/29/2022

DATA 2000 Waiver registration no longer required

Buprenorphine Rx = standard DEA

No patient limits

Prescriber training requirements – June 21, 2023

Act does not impact existing state laws



## Substance-Use Data Dashboards



New Ohio dashboards to track and report data

- Overdose deaths
- Substance-use related measures
- 88 Counties
- Real-time research focusing on prevention, treatment and recovery programs
- Transparent, public platform

https://data.ohio.gov/wps/portal/gov/da ta/view/ohio-ibhd

# Substance-Use Data Dashboards

- 55 opioid related measures
  - Overdose deaths
  - High-risk prescribing
  - ED overdose cases
  - Naloxone distribution
  - Individuals receiving/enrolled in treatment programs
  - EMS naloxone administrations

#### State of Ohio Integrated Behavioral Health Dashboard

Last Refreshed: March 6, 2023

| Details Visua   | alize                            |                  |   |               |            |                | Export Data 🚣 | Share - |
|---|----------------------------------|------------------|---|---------------|------------|----------------|---------------|---------|
| Select measurement period<br>(x-axis)<br>monthly<br>quarterly<br>vearly   | Select county (All)              |                  | State o                                     | f Ohio Integr | ated Behav | ioral Health I | Dashboard     |         |
|   | (All)<br>Adams<br>Allen          |                  | Drug OD deaths involving any benzodiazepine |               |            |                |               |         |
| Sele  | Ashland<br>Ashtabula<br>¢ Athens | 550              |   |               |            |                |               |         |
| Overdose & Overdose Deat     Opioid Overdose Education     Medication for OUD/ Medica                                       | h Auglaize<br>≮Belmont           | 500              |   |               |            |                |               |         |
| <ul> <li>Medication for OUD/ Medica</li> <li>Safer Prescribing (SafeRx)</li> </ul>  | at Butler<br>Carroll             | 450              |   |               |            |                |               |         |
|   | & Champaign<br>Clark<br>Clermont | 400              |   |               |            |                |               |         |
|   | Clinton<br>Columbiana            | 350              |   |               |            |                |               |         |
| Select measure name Drug OD deaths Drug OD deaths involving any benzodiazepine Drug OD deaths involving any form of cocaine |                                  | 100<br>11<br>250 | 526   |               |            |                |               |         |
| O Drug OD deaths involving any non-cocaine psychostimulant  |                                  |                  |   | 107           |            |                | 442           |         |

#### Nicotine Replacement Therapy OAC 4729:1-3-07

Does not include nicotine cessation medications (e.g., varenicline, bupropion, etc.)

Includes: patch, gum, lozenge (OTC) and inhaler, nasal sprays (Rx) Physician authorized protocol (MD/DO) onsite

Complete ACPE or SOBP accredited course May not delegate authority

Nicotine Replacement Therapy OAC 4729:1-3-07



- Protocol signed by MD/DO
- Renewed every 2 years
- Treatment guidelines
- Locations
- Types of nicotine replacement products
- CDC recommended screening procedure
- Records onsite x 3 years (screening, dispensing, follow-up care plan)

### Nicotine Replacement Therapy OAC 4729:1-3-07



#### Follow-up care plan:

- Ohio Tobacco Quit Line
- Pt. to notify prescriber
- Psychological aspects of addiction
- Side effects
- Duration of treatment
- Patient follow-up timeline
- Relapse plan
- Smoking cues/triggers
- Coping strategies
- When to seek Rx treatment

## Dispensing Overdose Reversal Drugs ORC 4729.44, ORC 4729.541

- Effective 4/6/2023
  - New Ohio law authorizes anyone in the state to order, possess, and distribute naloxone with few requirements
- Effective 2/8/2023:
  - Board suspended all patient-specific record keeping requirements for selling or personally furnishing naloxone from a licensed TDDD.

ON 2/15/2023: FDA unanimously voted to recommend naloxone nasal spray be sold and distributed without a prescription.

## Dispensing Overdose Reversal Drugs ORC 4729.44, ORC 4729.541

**Prescribing/Personally Furnishing** 

- May prescribe without examination
- Must supply instructions re: emergency administration
- Must instruct to call 911
- Civil, Criminal, Professional Immunity

#### **Pharmacy Dispensing**

- Rx or protocol
- Eliminates authority for boards of health to authorize protocols
- Expands protocols to PA and APRNs

#### • What is still required?

Dispensing Overdose Reversal Drugs

ORC 4729.44 ORC 4729.541 • Records of receipt

- Records of disposal
- Records of transfer or sale.

Law expands general and emergency access, and automated distribution

Law exempts persons and government entities from TDDD licensure Adding Drug Delivery Devices to Prescriptions ORC 4729.391



### Effective 4/6/2023

- RPh may modify a prescription to include a drug delivery device
  - The device is necessary for drug administration
  - For reimbursement by health plans/insurers, modified prescriptions are deemed a valid prescription for drug delivery devices

## Consult Agreements ORC 4729.39, OAC 4729:1-6



#### **Consult agreements between:**

Physicians (MD/DO) Physician Assistants (PA) Clinical Nurse Specialists (CNS) Certified Nurse Midwives (CNM) Certified Nurse Practitioners (CNP)

#### **NO Consult Agreements with:**

Podiatrist (DPM) Certified Nurse Anesthetist (CRNA)

# Consult Agreements ORC 4729.39, OAC 4729:1-6

• Consult with APRN or PA requires authorization from the collaborating physician:





**Ohio Medical Board** 

- In writing
  - In the supervision agreement

- In writing
  - Standard Care
     Agreement
  - Other written document

Consult Agreements ORC 4729.39, OAC 4729:1-6

- Pharmacist Changes:
  - Can now order and evaluate
    - Blood Tests
    - Urine Tests
    - Other laboratory tests
    - Diagnostic tests

\* Tests must be related to the drug therapy being managed



## Consult Agreements ORC 4729.39, OAC 4729:1-6

Pharmacist Management of Controlled Substances

- CS Registration issued by the board
- Apply using your elicense account
- No charge to apply
- Then apply to DEA for a mid-level DEA registration

\*Per Federal Regulations: RPh may NOT use a facility DEA \*DEA permits management of opioid use disorder by RPh (e.g., buprenorphine) Controlled Substances for the Treatment of Obesity OAC 4731-11-04

CIII-V with approved FDA indication

Assess patient once in the first 3-months

Patient must lose 5% of initial weight during the first 3-months of treatment

Continued treatment beyond 3-months

- Patient significantly benefits from treatment
- Weight is reduced, or
- Weight loss is maintained, and comorbidities are reduced



Pharmacist Continuing Education Requirements ORC 4729.12

Continuing Education Requirements Effective April 6, 2023:

- Pharmacist must complete 30-hours of continued pharmacy education in the previous two years
- 2 hours of pharmacy law (03)
- 2 hours of patient or medication safety (05)

## 2023 Law and Responsible Person Virtual Presentations

#### 2023 Law Review

- Federal law changes
- State law and rule changes
- Pharmacy technician updates

#### 2023 Responsible Person Roundtable

- Diversion trends
- Common issues found during inspection
- Federal and state law/rule updates

#### 2023 Responsible Person 101

- Duties of a responsible person
- General TDDD requirements
- Resources for responsible person

#### Dates posted at www.pharmacy.ohio.gov



Subscribe to our Updates!!!

## Questions?



# **Need More Information?**

State of Ohio Board of Pharmacy

compliance@pharmacy.ohio.gov



www.pharmacy.ohio.gov contact@pharmacy.ohio.gov Follow @OHIORXBOARD

# References

- https://www.cms.gov/medicare/e-health/eprescribing
- https://med.ohio.gov/Telehealth-Guidance
- https://www.pharmacy.ohio.gov/documents/pubs/newsletter /2023/e-news%20february%202023.pdf
- <u>https://www.pharmacy.ohio.gov/documents/pubs/newsletter</u> /2023/e-news%20january%202023.pdf
- <u>https://www.pharmacy.ohio.gov/documents/compliance/nalo xone/prescriber/record%20keeping%20requirements%20for%</u> 20terminal%20distributors%20of%20dangerous%20drugs%20 personally%20furnishing%20naloxone.pdf

# References

- https://www.cdc.gov/tobacco/patient-care/clinical-tools/index.html
- <u>https://www.cdc.gov/tobacco/patient-care/education-training/index.html</u>
- <u>https://www.acpe-accredit.org/continuing-education-provider-accreditation/</u>
- https://ohio.quitlogix.org/en-US/
- https://odh.ohio.gov/know-our-programs/tobacco-use-preventionand-cessation/cessation/#:%7E:text=Local%20Programs-,Ohio%20Tobacco%20Quit%20Line,to%20help%20you%20quit%20toba cco
- <u>https://www.ahrq.gov/prevention/guidelines/tobacco/clinicians/updat</u> <u>e/index.html</u>

# References

- https://www.legislature.ohio.gov/download?key=20 143&format=pdf
- <u>https://www.dea.gov/press-</u> releases/2023/02/24/dea-announces-proposedrules-permanent-telemedicine-flexibilities
- https://www.fda.gov/media/165339/download