

Is it Coronavirus (COVID-19)? Is it Seasonal Flu? Is it a cold? Is it Seasonal Allergies?

	Coronavirus	Seasonal Flu	A Cold	Seasonal Allergies
What are the typical symptoms?	Dry Cough Fever (100.4°F) Shortness of breath	Aches Chills Fever Cough Fatigue Headache Runny Nose Stuffy nose Sore throat Diarrhea* Vomiting*	Cough Fever (rare) Mucus dripping down throat (post nasal drip) Sneezing Runny nose Stuffy nose Sore throat Watery eyes	Itchy eyes Watery eyes Runny nose Stuffy nose Sneezing
How long from exposure to symptoms?	2-14 days	1-4 days	1-3 days	Immediately
How long do symptoms last?	Undetermined and variable	3-7 days	7-10 days	As long as exposed to allergen

**more common in children than adults*

Adapted from CDC. Coronavirus shares some of the same symptoms as seasonal influenza and the common cold including cough, and fever. A cold tends to come on gradually while the flu tends to be sudden onset.

Although the frequency of influenza cases have been decreasing there is still activity well into March, 2020.

If you develop **emergency warning signs** for COVID-19 get **medical attention immediately**. Emergency warning signs include**:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

**This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.