

2020 OPA Annual Conference Learning Objectives

ACPE #0129-0000-20-026-L04-P

Patient Driven Payment Model: A Guide to Delivering Value

Erin M. Foti, PharmD, BCGP, Director of Consulting Services, Remedi SeniorCare

At the completion of this activity, the participant will be able to:

1. describe the new PDPM reimbursement model for skilled nursing facilities (SNFs);
2. identify programs, protocols and cases that demonstrate value to the SNF from an interprofessional perspective; and
3. compare examples of interprofessional teams that can influence SNFs to improve medication management, reduce poor patient outcomes and maximize reimbursement.

ACPE #0129-0000-20-027-L01-P

The Neuroscience of Addiction: Implications for Health Professionals

Jon E. Sprague, R.Ph., PhD, Director of Science & Research, Office of Ohio Attorney General Dave Yost & The Bureau of Criminal Investigation (BCI) Eminent Scholar, Bowling Green State University

At the completion of this activity, the participant will be able to:

1. discuss the differences between euphoria, dysphoria, addiction and substance use disorder;
2. recognize the DSM-5 criteria for substance use disorders;
3. identify based on pharmacological mechanism how individual classes of drugs regulate dopamine release in the nucleus accumbens;
4. discuss the cellular mechanisms that result in addiction-induced brain disease; and
5. identify the stages of the addiction cycle.

ACPE #0129-0000-20-028-L04-P

We are Pharmers... We've Seen a Thing or Two in Experiential

Experiential Education Directors, Ohio Colleges of Pharmacy

At the completion of this activity, the participant will be able to:

1. identify the pharmacist's *Duty to Report* students;
2. review colleges' vetting process of students at the sites; and
3. discuss student accommodations while on rotations.

ACPE #0129-0000-20-029-L04-P

Motivational Interviewing 101

Jaclyn Boyle, PharmD, MS, MBA, BCACP, BCPS; Associate Professor, Pharmacy Practice, Assistant Dean, Student Success; and Russell Spieth, PhD, CRC; Adjunct Instructor, Family and Community Medicine, Senior Consultant/Trainer, Motivational Interviewing, Northeast Ohio Medical University

At the completion of this activity, the participant will be able to:

1. explain how fidelity to Motivational Interviewing (MI) can improve patient adherence and health outcome;
2. describe the dimensions of the MI Spirit; and
3. practice MI skills to evoke change talk, to soften non-change talk and to create a change plan.

ACPE #0129-0000-20-030-L01-P

2020 OTC and Self-Care Challenge

Moderators: Kristine Mason, PharmD, MS, Assistant Professor, The Ohio State University College of Pharmacy and Director of Practice Advancement, Ohio Pharmacists Association and Kathleen Bahrey, PharmD, Clinical Pharmacy Specialist, Chillicothe VA Medical Center

At the completion of this activity, the participant will be able to:

1. identify and explain aspects of the effective and safe practice of pharmacy self-care treatments;
2. describe at least two over-the-counter (OTC) and prescription medication interactions that pharmacists should be aware of;
3. list three OTC medications and their use; and
4. identify counseling points for each of three OTC medications.

ACPE #0129-0000-20-031-L01-P

Pharmacy Pearls to Prevent Pharmacy Perils

Vincent F. Mauro, RPh, PharmD, FCC, Professor of Clinical Pharmacy The University of Toledo College of Pharmacy and Pharmaceutical Sciences

At the completion of this activity, the participant will be able to:

1. identify clinically important drug interactions and discuss how to manage them;
2. indicate inappropriate dosing and/or ineffective uses of medications and discuss how to correct them;
3. recognize clinically important adverse effects and discuss how to address them; and
4. provide important medication counseling information.

ACPE #0129-0000-20-032-L04-P

Ohio Department of Medicaid Pharmacy Update

Maureen Corcoran, MSN, MBA – Director and Tracey Archibald, PharmD – Pharmacy Program Manager, Ohio Department of Medicaid

At the completion of this activity, the participant will be able to:

1. provide an overview of Ohio Medicaid initiatives, including value-based initiatives;
2. describe unified preferred drug list (PDL) and pharmacy benefit manager (PBM) changes in Ohio; and
3. discuss plans for pharmacist provider status implementation.

ACPE #0129-0000-20-033-L01-P

A Functional Approach to Type 2 Diabetes

Melody L. Hartzler, PharmD, BCACP, BC-ADM, Clinical Pharmacist & Chronic Care Management Coordinator; and Kara M. Lish, PharmD, PGY-2 Pharmacy Resident, Western Medicine Family Physicians

At the completion of this activity, the participant will be able to:

1. summarize the relationship between gut health and the development of diabetes;
2. outline important supplements for consideration in diabetic and pre-diabetic populations;
3. discuss pharmacological agents that address pathophysiological deficits in diabetes;
4. identify functional lab testing for evaluating microbiome imbalance; and
5. develop treatment plans to address underlying gut dysfunction in patients with diabetes.

ACPE #0129-0000-20-034-L04-P

Ohio Research Forum 2020

Moderator: Timothy R. Ulbrich, PharmD, Clinical Professor of Pharmacy and Program Director, MS – Health-System Pharmacy Administration; OSU College of Pharmacy

At the completion of this activity, the participant will be able to:

1. describe research projects being conducted by pharmacists, student pharmacists and faculty in Ohio; and
2. describe the impact these research projects have on the practice of pharmacy, economic/social/administrative areas within the profession and/or pharmacy education.

ACPE #0129-0000-20-035-L04-P

Payor Roundtable: Medicaid MCO Pharmacist Provider Status Implementation Efforts

Stuart Beatty, PharmD, BCACP, FAPhA – Director of Strategy and Practice Transformation, Ohio Pharmacists Association; Invited representatives from CareSource, Buckeye Health Plan, UnitedHealthcare Community Plan, Molina

At the completion of this activity, the participant will be able to:

1. describe Ohio Pharmacists Association provider status implementation efforts; and
2. discuss provider status implementation efforts of Ohio Medicaid Managed Care Organizations (MCOs).

ACPE #0129-0000-20-036-L05-P

Just Culture Response to Medication Error: What to say when the situation's gone astray

Amber D. Hartman, PharmD and Jessica C. Kaczor, PharmD, BCPS, Medication Safety Pharmacists, OSU Wexner Medical Center

At the completion of this activity, the participant will be able to:

1. define "Just culture";
2. differentiate between human error, at-risk behavior, and reckless behavior; and
3. when given a patient case scenario, determine an appropriate response to an error based on the Just Culture model.

ACPE #0129-0000-20-037-L01-P

Managing Complex Patients with Asthma in the Outpatient Setting

Cory P. Coffey, PharmD, BCACP, BCPP, Clinical Pharmacy Specialist- Ambulatory Care and Kelli Barnes, PharmD, BCACP, Clinical Pharmacy Specialist- Ambulatory Care (Lead, OSU General Internal Medicine Clinics

At the completion of this activity, the participant will be able to:

1. review diagnosis and assessment of patients with asthma;

2. describe recommendations from the newest Global Initiative for Asthma (GINA) guideline for initiation, continuation, escalation and de-escalation of asthma drug therapy;
3. evaluate recent evidence that led to the most recent guideline updates for asthma; and
4. formulate an appropriate care plan for the treatment of asthma in special populations including pregnancy, exercise-induced bronchoconstriction, and difficult-to-treat patients.

ACPE #0129-0000-20-038-L04-P

Ohio Innovative Practice Forum 2020

Moderators: Jennifer Rodis, PharmD, BCPS, FAPhA, Clinical Professor of Pharmacy and Associate Dean for Outreach and Engagement and Timothy R. Ulbrich, PharmD, Clinical Professor of Pharmacy and Program Director, MS – Health-System Pharmacy Administration; OSU College of Pharmacy

At the completion of this activity, the participant will be able to:

1. describe innovative pharmacy practice models in Ohio;
2. explain how individual pharmacy practices and practitioners are expanding patient care services;
3. describe the successes and challenges of these programs including their financial viability and impact on outcome measures; and
4. apply these ideas, opportunities, and resources to enhance his/her own pharmacy practice.

ACPE #0129-0000-20-039-L04-P

Legislative Update 2020

Ernest Boyd, PharmD (Hon), CAE and Antonio Ciaccia, OPA Lobbyists

At the completion of this activity, the participant will be able to:

1. describe recent legislative and regulatory changes that impact the practice of pharmacy;
2. explain the progress of current and future advocacy initiatives, including PBM reform, provider status and further expansion of pharmacist services; and
3. discuss OPA's legislative agenda for 2020 and what it may mean for pharmacy practice.

ACPE #0129-0000-20-040-L01-P

Functional Medicine & Dietary Supplements Update 2020

Lauren Castle, PharmD, MS; Market Health and Wellness Director, Walmart; Founder, Functional Medicine Pharmacists Alliance

At the completion of this activity, the participant will be able to:

1. identify recent labeling changes to supplement facts;
2. describe the mechanism of action, efficacy, and safety of popular supplements; and
3. explain important patient counseling information on these supplements.

ACPE #0129-0000-20-041-L03-P

Pharmacy Law Update 2020

Sheri Zapadka, R.Ph., Compliance Specialist; State of Ohio Board of Pharmacy

At the completion of this activity, the participant will be able to:

1. identify recent changes in state and federal laws and rules which impact pharmacy practice;
2. describe the effect of recent changes in laws and rules on his/her specific practice of pharmacy; and
3. review commonly asked questions about existing pharmacy laws and rules.

ACPE #0129-0000-20-042-L04-P

Self-Care and Professional Well-Being – the Rx to Beat Burnout

Adam Martin, PharmD, ACSM-CPT, NAMS-CNCNSA, Founder, The Fit Pharmacist, LLC and Timothy R. Ulbrich, PharmD, Clinical Professor of Pharmacy and Program Director, MS – Health-System Pharmacy Administration; OSU College of Pharmacy; Co-Founder & CEO, Your Financial Pharmacist

At the completion of this activity, the participant will be able to:

1. identify the root cause of burnout in pharmacy;
2. determine why self-care and well-being is not regularly implemented in pharmacy practice;
3. discuss key strategies to manage stress;
4. compare popular methods to focus on improving nutrition and dietary intake;
5. explain practical methods for pharmacists to fit physical activity into their routine; and
6. develop a plan for managing common financial stressors.

ACPE #0129-0000-20-043-L01-P

Heart Disease Prevention – Strategies to Improve Outcomes in Primary Care

Maria Pruchnicki, PharmD, FCCP, BCPS, BCACP, CLS, Specialty Practice Pharmacist, Cardiac Risk Reduction and Lipid Clinics, Ross Heart Hospital Ambulatory Care Center of OSU Wexner Medical Center

At the completion of this activity, the participant will be able to:

1. describe with the Million Hearts® Collaboration to Prevent Heart Disease and Stroke (MHC);
2. review recommendations from the 2019 American College of Cardiology/American Heart Association Guideline on the Primary Prevention of Cardiovascular Disease;
3. examine recent literature on new medication strategies for patients with high cardiovascular risk, particularly patients with diabetes and other relevant comorbidities; and
4. apply a step-wise process to evaluate CV risk in primary care, as well as select appropriate preventive medications.

ACPE #0129-0000-20-044-L04-P

Selling and Marketing Your Compounding Practice

Erin Michael, MBA, MS, CPhT, Director of Sales, PCCA

At the completion of this activity, the participant will be able to:

1. explain the difference between Sales and Marketing;
2. explain key components of a Marketing Plan and how to set goals for you and your staff;
3. identify the tools/staff needed to be successful in sales and marketing; and
4. identify and explain current trends in selling and marketing to the Public and Practitioners.

ACPE #0129-0000-20-045-L04-P

Pharmacy Ownership: Learn From Our Experiences

Aimee O'Reilly, R.Ph., PharmD, Owner, O'Reilly Family Pharmacy; and Emlah Tubuo, R.Ph., PharmD, Owner, Powell Pharmacy

At the completion of this activity, the participant will be able to:

1. discuss the challenges and opportunities in purchasing an existing pharmacy versus starting from scratch;
2. list the basics of a community pharmacy valuation;
3. compare and contrast Asset vs Stock purchase of a pharmacy;
4. create a startup checklist and list key members of a successful pharmacy's team of experts; and
5. discuss how demographics can affect your OTC and your niche options.

ACPE #0129-0000-20-046-L01-P

DAPA-HF, Diabetes, and Heart Failure, Oh My!

Emily Eddy, PharmD, BCACP, Assistant Professor of Pharmacy Practice; Brittany Long, PharmD, BCACP, Assistant Professor of Pharmacy Practice; Lindsey Peters, PharmD, BCPS, Assistant Professor of Pharmacy Practice; Morgan Farthing and Lauryn Shiplett, 2020 PharmD Candidates; Ohio Northern University

At the completion of this activity, the participant will be able to:

1. review the pathophysiology and treatment recommendations of diabetes and heart failure;
2. summarize the findings of the DAPA-HF trial and other recent trials involving SGLT2 inhibitors;
3. determine the role of dapagliflozin in treatment of patients with heart failure; and
4. design a treatment regimen for a patient incorporating current guidelines and trial data.

ACPE #0129-0000-20-047-L01-P

Pediatric Attention Deficit Hyperactivity Disorder (ADHD): “Paying Attention” to Diagnosis and “Focusing” on Medication Management

Kayla Petkus, PharmD, BCACP, Advanced Patient Care Pharmacist, Nationwide Children’s Hospital

At the completion of this activity, the participant will be able to:

1. review the epidemiology, etiology, and pathophysiology of Attention Deficit Hyperactivity Disorder (ADHD);
2. explain DSM-V guidelines for diagnosis of ADHD;
3. identify patient characteristics for guiding therapy of ADHD;
4. discuss prescribing guidelines for ADHD pharmacotherapy in children; and
5. recognize the differences in dosage forms and cost of common ADHD therapies.

ACPE #0129-0000-20-048-L04-P

Innovative Pharmacy Business Plan Competition 2020

Finalist teams and panel of judges TBA

At the completion of this activity, the participant will be able to:

1. identify essential components of a business plan, including mission statement, description of business, loan request, marketing plan and financial reports;
2. explain the importance of effective visual aids and nonverbal communication during presentation of a business plan; and
3. recognize how enthusiasm, professionalism and completeness can impact the effectiveness of a business plan presentation.

ACPE #0129-0000-20-049-L01-P

CBD – What Pharmacists Need to Know

Deborah Yurovich-Berlekamp, R.Ph., PharmD, BCPS, Adjunct Professor of Pharmacy Practice, The University of Findlay College of Pharmacy

At the completion of this activity, the participant will be able to:

1. discuss legal considerations regarding the use of CBD;
2. explain how CBD may be sourced and sold.;
3. describe basic pharmacology, potential therapeutic uses, administration methods, side effects, precautions, drug interactions and safety concerns of CBD products; and
4. discuss potential patient questions and present patient counseling points for the safe use of CBD products.

ACPE #0129-0000-20-050-L01-P

Pools of Sorrow, Waves of Joy: An Overview of Bipolar Disorder Pharmacotherapy

Chris Paxos, PharmD, BCPP, BCPS, BCGP, Associate Professor of Pharmacy Practice, Director of Pharmacotherapy, and Associate Professor of Psychiatry, NEOMED

At the completion of this activity, the participant will be able to:

1. discuss the DSM-5 diagnostic criteria for bipolar disorder;
2. describe the pharmacologic properties of medications used for bipolar disorder;
3. compare practice guidelines for the treatment of bipolar disorder; and
4. discuss areas for pharmacist involvement in the care of patients with bipolar disorder.

ACPE #0129-0000-20-052-L04-P

Hot Topics for New Practitioners and Beyond

NPX Panel

At the completion of this activity, the participant will be able to:

1. discuss hot topics for new and experienced practitioners; and
2. identify tools to embrace opportunities and overcome challenges faced throughout your career.

ACPE #0129-0000-20-053-L04-P

Avenues for Patient Advocacy through the Evolving Advancements in Pharmacy Practice

Nicholas Potts, Founder & CEO, ScriptDrop

At the completion of this activity, the participant will be able to:

1. define what laws like S.B. 265 mean for pharmacists for various practice sites and healthcare models (LTC, retail, independent, hospital);
2. define how these types of laws create new ways to deliver patient care and how to utilize new and innovative technology to even further bridge the gap to adherence;
3. identify the key industry players in these helpful technologies and what they bring to the table for pharmacists across each model;
4. explore what pharmacist-provided care means for a patient and how he/she will benefit; and
5. identify the current distribution model and how it can be improved for both pharmacy workflow and patient access to the correct medication.

ACPE #0129-0000-20-054-L04-P

Medical Marijuana and Cannabis Overview

Rony Sinharoy, PharmD, MBA, The Botanist Columbus; and Lauren Delande, PharmD, The Botanist Wickliffe

At the completion of this activity, the participant will be able to:

1. review the Ohio statute on medical marijuana;
2. describe the patient experience in obtaining medical marijuana at a dispensary;
3. discuss relevant pharmacology of medical marijuana;
4. recognize the clinical implications of patients using medical marijuana; and
5. explain the role of pharmacy staff as it relates to patients with a recommendation for medical marijuana.

ACPE #0129-0000-20-055-L06-P

Immunization Update 2020

Donald L. Bennett, R.Ph., MBA, Clinical Assistant Professor, OSU College of Pharmacy

At the completion of this activity, the participant will be able to:

1. discuss the Centers for Disease Control and Prevention (CDC) identified trends in vaccine-preventable disease prevalence;
2. describe the recent changes in recommendations from the CDC Advisory Committee on Immunizations Practices;
3. discuss the impact of the 2019-2020 influenza season and review of vaccine effectiveness factors; and
4. describe recent legislative initiatives to increase immunization rates.

ACPE #0129-0000-20-056-L01-P

New Drug Update 2020

Karen Kier, PhD, M.Sc., R.Ph., Professor of Clinical Pharmacy, Director of Assessment, ONU College of Pharmacy

At the completion of this activity, the participant will be able to:

1. describe the pharmacology and therapeutics of the drugs presented that were released to market within the past year;
2. state the indications and clinical applications of the medications presented;
3. identify the most common adverse effects, toxicities, and significant drug-drug interactions reported with these medications; and
4. explain important patient counseling information on these medications.

ACPE #0129-0000-20-057-L04-P

Basics of 340B: The Pharmacy Perspective

Jangus B. Whitner, PharmD, 340B ACE; and R. Logan Yoho, PharmD, BCACP, 340B ACE

At the completion of this activity, the participant will be able to:

1. outline the basics of how 340B operates in an entity-owned pharmacy and contract pharmacy;
2. describe the pros and cons of a community pharmacy participating in a 340B contract pharmacy arrangement with a covered entity; and
3. identify examples of and ways to prevent potential Diversion and Duplicate Discount in both entity-owned and contract pharmacy settings.

ACPE #0129-0000-20-058-L04-P

Using Virtual Reality to Visualize Diabetes in Appalachia

Elizabeth A. Beverly, PhD, Associate Professor, Heritage Faculty Endowed Fellowship in Behavioral Diabetes, Ohio University Heritage College of Osteopathic Medicine

At the completion of this activity, the participant will be able to:

1. identify factors that promote an effective and efficient patient-provider relationship;
2. list high-risk social determinants of health in Ohio;
3. discuss values and strengths of Appalachian culture that are health promoting; and
4. demonstrate culturally sensitive patient-provider communication.

ACPE #0129-0000-20-059-L04-P

Clear the Air of e-Cigarettes: The Evolution and Impact of Electronic Nicotine Delivery Systems

Megan Stephan, PharmD, PGY-1 Pharmacy Practice Resident, ONU Healthwise

At the completion of this activity, the participant will be able to:

1. discuss the evolution of electronic nicotine delivery systems (ENDS) ;
2. recognize its impact on adolescents and adults;
3. recall differences between vaping-related illnesses versus other disorders; and
4. apply communication techniques to address patients.

ACPE #0129-0000-20-060-L01-P

CAP in America: New Guidelines in a Snap

Nicole Guist, PharmD, R.Ph. and Joe Marchiano, PharmD, R.Ph., PGY-1 Pharmacy Residents, University Hospitals Geauga Medical Center

At the completion of this activity, the participant will be able to:

1. recognize evidence-based assessment strategies for patients with community-acquired pneumonia (CAP);
2. apply current guideline-recommended CAP treatment plans to patient cases; and
3. review data regarding upcoming treatment options for patients with CAP.

ACPE #0129-0000-20-063-L04-P

Pharmacist Provider Status Training – Part 1

Stu Beatty, PharmD, BCACP, FAPhA, Director of Strategy and Practice Transformation, Ohio Pharmacists Association; E. Michael Murphy, PharmD, Pharmacy Advancement Fellow, OSU College of Pharmacy; and Myriam Shaw Ojeda, PharmD, OPA Fellow in Policy and Innovation

At the completion of this activity, the participant will be able to:

1. explain the background on provider status legislation; and
2. discuss pharmacist requirements for billing as a provider.

ACPE #0129-0000-20-064-L04-P

Pharmacist Provider Status Training – Part 2

Stu Beatty, PharmD, BCACP, FAPhA, Director of Strategy and Practice Transformation, Ohio Pharmacists Association; E. Michael Murphy, PharmD, Pharmacy Advancement Fellow, OSU College of Pharmacy; and Myriam Shaw Ojeda, PharmD, OPA Fellow in Policy and Innovation

At the completion of this activity, the participant will be able to:

1. discuss lessons learned from practices implementing services in the past;
2. review best practices for pharmacy service implementation; and
3. develop an action plan to position himself/herself to become a pharmacist provider.

ACPE #0129-0000-20-065-L04-P

Pharmacy Response to COVID-19: Stories from the Frontlines

Moderator: E. Michael Murphy, PharmD, Pharmacy Advancement Fellow, OSU College of Pharmacy; Panelists: Kelli Barnes, PharmD, BCACP, Lead Pharmacist, Clinical Pharmacy Specialist – OSU General Internal Medicine Clinics; Amy Beatty, PharmD, MBA, BCPS, Senior Director of Pharmacy Services, Population Health – OhioHealth; and Cara Hoyt, PharmD, Assistant Pharmacy Manager, Uptown Pharmacy

At the completion of this activity, the participant will be able to:

1. review COVID-19 regulatory changes to pharmacy;
2. describe best practices for COVID-19 response in various pharmacy settings; and
3. discuss how COVID-19 pandemic may impact practice of pharmacy in the future.